ALZHEIMER'S AND BRAIN AWARENESS MONTH

JUNE 2021



What is Alzheimer's Disease?

Alzheimer's is a type of dementia that affects memory, thinking and behavior. Alzheimer's is the most common cause of dementia, a general term for memory loss serious enough to interfere with daily life. Alzheimer's is a progressive disease, where dementia symptoms gradually worsen over a number of years. In its early stages, memory loss is mild, but with late-stage Alzheimer's, individuals lose the ability to carry on a conversation and respond to their environment.

The Facts:

- Alzheimer's is the sixth leading cause of death in the United States.
- Alzheimer's disease accounts for 60-80% of dementia cases.
- On average, a person with Alzheimer's lives four to eight years after diagnosis, but can live as long as 20 years, depending on other factors.
- Alzheimer's has no current cure, but treatments for symptoms are available and research continues.



Symptoms

The most common early symptom of Alzheimer's is difficulty remembering newly learned information. As Alzheimer's advances it leads to increasingly severe symptoms, including disorientation, mood and behavior changes.